



Aloha LKOC Members and Supporters,

As Spring approaches, we'd like to update you on the programs and activities that Lani-Kailua Outdoor Circle has been involved in over the past six months. Our LKOC newsletter is our major way of keeping you informed, and I want to give special thanks to our Communications Chair and Newsletter Editor, Teddi Baumgartner, who does an outstanding job putting this together for us, both as hardcopy and in digital form. I hope you enjoy it!

As always, the support of our volunteers, members, and the community has been so gratifying and crucial to the successes we've had.

In particular, this past December our **Holiday House and Garden Tour** was held after a hiatus of a few years, and it was a wonderful event enjoyed by all. Thanks to all the volunteers who made it possible!

Recently, LKOC volunteers participated in the **World Wetlands Day 2019** event at Kawainui Marsh. Hundreds from our community participated as exhibitors and attendees to learn about the important role this wetland plays in protecting our environment.

Our **"Learning to Grow"** program at the Women's Community Correctional Center has been thriving, and there is now a sixth line of hydroponic lettuce being grown for sale at Foodland stores across Oahu. An active herb garden program supplies produce to the WCCC cafeteria. The program has expanded and will soon include a small herd of goats which will manage some of the underbrush maintenance around the nursery as well as provide a learning and nurturing experience for the students who will take care of them on a daily basis. Additionally, the program has expanded to include a tree nursery where the women will grow specimens for future Arbor Day tree give-away events as well as possible planting in the community. Thanks to all the dedicated volunteers who give so much of their time and energy to this life-changing program!

Our annual **"I Love Kailua" Town Party** is fast approaching. It will be held Sunday, April 28, 2019. Thanks to all our wonderful volunteers and our event coordinator, Amy Hammond, who have been working so hard on this. It promises to be a great event again this year!

Lastly, **our annual LKOC membership meeting and luncheon** will be held on Friday, May 3, 2019 at Mid-Pacific Country Club, and we hope you will all attend. At this meeting we elect our officers for the coming year, and a proxy for that vote is included in this newsletter as well as details about the luncheon and how to make reservations.

Mahalo for your continuing support from all of us at LKOC!
Diane Harding, LKOC President

LKOC Past Events

Alexander & Baldwin Halloween Trunk or Treats

October 27, 2018: LKOC President Diane Harding and Beautification Chair Steve Mechler were on hand to give treats (from the trunk of a car) and 100 coloring books featuring Trees of Hawaii to children. They could have used about 50 more coloring books, so there was a nice turn-out. The event was held in the Longs' parking structure.



Arbor Day



November 3, 2018 was the main date for the Arbor Day distribution of free trees and shrubs in Hawaii. Smart Trees Pacific organized the state-wide event. Smart Trees is a Hawaii-based environmental non-profit that provides information and support for the best use of urban trees. The Lani-Kailua Outdoor Circle joined several other organizations including Kaulunani Urban and Community Forestry Program and volunteers from Marine Corps Base Hawaii to help with the event in Kailua. The Arbor Day plants were presented to the public at the Kailua United Methodist

Church on Kailua Road. There were five sites on Oahu with over 2,200 trees and shrubs given away. Master Gardeners from the University of Hawaii along with the volunteers from LKOC were on hand to help with tips on how to plant and care for the free giveaways. Upon selection of a tree or shrub, recipients were given an adoption certificate with information on the care of plants.

Some of the popular trees that were given away this year included the Tahitian lime, miracle berry, Meyer lemon, lemon drop mangosteen, fig, calamondin citrus, pudica plumeria, and true kou. Hibiscus, gardenia, and ilima shrubs also went fast.

The first Arbor Day was held in Nebraska in 1872. In the continental United States, National Arbor Day is celebrated on the last Friday in April. However, some states celebrate on different dates depending on the best tree planting times in their areas. The Territory of Hawaii officially began celebrating Arbor Day on November 3, 1905. November is the beginning of the rainy season in Hawaii, and the first Friday in November for Arbor Day has held up to the present time with celebrations often occurring on the first Saturday. Until 1993, school students were involved in planting trees in public places on Arbor Day. Then Hawaii graphic designer, Cindy Turner, gathered the support of Hawaiian Electric Company and Kaulunani to begin the custom of giving away seedlings to the public. Individuals could then plant trees in their own gardens. Cindy would later become the chairperson of the Beautification Committee of the Lani-Kailua Outdoor Circle.

Women's Community Correctional Center Plant Sale

November 24, 2018 was a beautiful day for the annual LKOC Plant Sale at Kailua Elementary School. The plants were grown by the women at WCCC, and all proceeds will go to support the "Learning to Grow Program". Our ever-faithful volunteers are always there each year, rain or shine. L to R: Ann Latham, Margaret Brezel, Betsy Connors, and Claudia Webster.



Holiday House and Garden Tour

The Holiday House and Garden Tour on December 7, 2018 was a great success, and we want to thank all of you who made this happen. The homes were exceptional with unique features that set them apart. The gardens were spectacular, and the homeowners who were present were so welcoming and engaging. The docents were wonderful and had good knowledge of the venues and gardens.

One of the homes had lovely painted wall art where the homeowner had used natural fronds and leaves as the stencil templates, as shown below. Go to this website for instructions. https://www.lkoc.org/uploads/3/7/9/7/37971713/wall_art_stenciling_instructions.pdf



Another lovely home had local artists displaying their artwork, and others had beautiful gardens with eclectic and unique art pieces and plantings, a sampling of which is shown below.



The luncheon that followed at Kalama Beach Club was perfect and beautifully decorated. The delicious lunch was provided by Kalapawai Market & Cafe and presented in festively decorated lauhala boxes for everyone to take home. Kalapawai Market also graciously opened their outside lanai as part of the House tour, providing wonderful baked goods, chocolates, coffee, and tea. Our volunteers created lovely wreaths, garlands and baskets as decorations for the luncheon. These, as well as unique plants and baked goods and various local crafters' artwork, were available to purchase.



Many said this was the best house tour they'd been to, so kudos to all! Special thanks to Christine Feldmann and Debbie Creps for organizing this whole event. It was a memorable experience which we hope to continue in the future.

World Wetlands Day



L to R: Pauline MacNeil, Christine Feldman, Carol Arnote, Debra Creps, & Diane Harding

LKOC participated in the World Wetlands Day 2019 event held at Kawainui Marsh on February 23. The focus of the all-day event was “Wetlands and Climate Change”. It featured informative expert talks, tours, and exhibits concentrating on the wetlands in Kawainui, Hamakua, Kaelepulu, and Nuupia. LKOC’s exhibit was a discussion forum about “Wetlands’ Role in Mitigating Climate Change” with a concentration on flooding, carbon sequestration, and the role Maunawili, Kahanaiki and Kapa’a streams play in these efforts.

Visit the Lani-Kailua Outdoor Circle Website

The pictures and some of the commentary in the article on the House and Garden Tour were taken from a new section in our Lani-Kailua Outdoor Circle website, **What’s New**: <https://www.lkoc.org/whats-new.html>. Another new section is the **Resources** page: <https://www.lkoc.org/resources.html>. If you have a question about a tree or plant in your yard or the community, this is an excellent place to visit. For the latest updates on our beautification projects, in particular Alala Point and Kalapawai Triangle, visit <https://www.lkoc.org/lkoc-projects.html>. The **LKOC Beautification Awards** have been presented for many years. Look back at the winners for 2017 and 2018: <https://www.lkoc.org/beautification-awards.html>. Thanks to Diane Harding who maintains our beautiful and informative LKOC website.



The Gardener’s Corner

We are so fortunate in Hawaii to have many plants that have colorful blooms year-round. The flowers in the picture show blooms from the red flowering jatrophia tree, the white Singapore plumeria tree, and the blue plumbago shrub. Other year-round blossoms to consider are bougainvillea, hibiscus, bird of paradise, and red ginger. Plants that have colorful leaves are red and variegated ti leaf and crotons. If you have space in your garden, think about choosing plants that will provide a variety of colors all year long.



Save the Date

“I Love Kailua” Town Party will be held on Sunday, April 28, 2019 from 11 a.m. to 4 p.m. on Kailua Road in downtown Kailua. See our website for details: <https://www.lkoc.org/town-party.html>.

Aloha ‘Oe

Aloha to dear Betty Lou Arnold Nobriga, an avid local gardener who never missed an opportunity to share with others her plants, produce, and flowers from her garden. Betty Lou was a role model of goodness who has left us with a legacy of love and dedication to help others on their rehabilitation path. Alongside other LKOC volunteer friends working in support of the WCCC “Learning to Grow” program, Betty Lou’s love of gardening and kindness toward people was ever present in her continuous smile, heartwarming positive attitude, and gracious spirit.



**Lani-Kailua Outdoor Circle
Spring Membership Meeting and Luncheon
Friday, May 3, 2019
11:30 a.m. - 2:00 p.m., Mid-Pacific Country Club
266 Kaelepulu Dr., Lanikai**

Tickets: \$25.00

Please join us for our annual Spring membership meeting and luncheon. Our Board of Directors will be installed at this meeting. Enjoy a delicious buffet lunch provided by Mid-Pacific Country Club in their main dining room and take home a beautiful plant from our plant raffle.

Our guest speaker will be Eliza Leineweber Lathrop, a Punahou Academy English faculty member and K-12 garden resource teacher. She also teaches Beginning Beekeeping to the school's middle school students. Eliza is a 1992 graduate of Punahou School and returned home in 2007 with her husband, Spencer, and their two children. She has always been an avid gardener and is interested in anything related to food. She received a degree from Cornell



University while working as a chef at Moosewood Restaurant, and she somehow found time to study horticulture, animal husbandry and farm construction at Cornell's Agricultural school. She also received double master's degrees in teaching and English from the University of Virginia. Her passion for food and farming continues to hold space in her life on Pilina Farms, the small urban farm she runs in Manoa. She raises chickens and bees, tends a diverse kitchen garden, and milks two Nigerian Dwarf Dairy goats. She will present her philosophy of teaching which helps her students develop an understanding of self, whether through reading Henry David Thoreau or cultivating crops. She will also give us fascinating insights into beekeeping which is so critical to the health and sustainability of our planet.

Name: _____

Number of Tickets _____ **Amount Enclosed** _____

Guests' Names:

**Make checks payable to LKOC and mail by Friday, April 26 to:
LKOC, P.O. Box 261, Kailua, HI, 96734 Attn: Luncheon**

**THE LANI-KAILUA BRANCH OF THE OUTDOOR CIRCLE
NOTICE OF GENERAL MEMBERSHIP MEETING AND PROXY STATEMENT**

[The following must be filled out ONLY if you will NOT be attending the May meeting.]

The General Membership Meeting of the Lani-Kailua Branch of The Outdoor Circle (LKOC) will be held on Friday, May 3, 2019 at the Mid-Pacific Country Club, 266 Kaelepulu Dr., Lanikai, at 1:30 p.m. for the purpose of electing members of the Board of Directors.

ONLY IF YOU CANNOT BE PRESENT, please sign and date the proxy form below and mail so it is received by April 29, 2019 to: LKOC, P.O. Box 261, Kailua, HI 96734, Attention: Secretary.

By order of the LKOC Board of Directors,
Secretary Paula Ress

PROXY STATEMENT

The proxy below is being solicited by the Board of Directors of LKOC for all members in good standing **who will not be attending** the General Membership Meeting. Your interest represented by this proxy will be voted if it is properly signed and received by the Secretary by the deadline listed below.

If you select Diane Harding, your proxy will be voted in favor of the slate of nominees presented by the Nominating Committee.

If you do not select Diane Harding, your designated proxy must be present to vote.

PROXY

I, the undersigned member of the Lani-Kailua Branch of The Outdoor Circle, acknowledge receipt of the Notice of the General Membership Meeting of said Branch.

I hereby appoint: [] Diane Harding, President OR [] _____
(Name of Proxy- Please Print)

with full power of substitution, for and in my name, to vote as my proxy at said General Membership Meeting on the following matter: Election of Officers.

<u>Office</u>	<u>Nominating Committee Candidate</u>	<u>OR</u>	<u>Other Candidate</u>
President:	Diane Harding		_____
Vice President:	Teddi Baumgartner		_____
Treasurer:	Kathleen Bryan		_____
Assist. Treasurer:	Francine Mendes		_____
Recording Secretary:	Paula Ress		_____
Corresponding Secretary:	Nani Vermillion		_____
Nominating Committee:	TBD		_____
Advisor:	Margaret Brezel		_____
Advisor:	Leigh Prentiss		_____
Advisor:	Lyn Turner		_____
Advisor:	Claudia Webster		_____

PLEASE SPECIFY CHOICES ABOVE, SIGN AND DATE BELOW. RETURN BY 5 P.M., Monday, April 29, 2019.

Signature: _____

Date Signed: _____

Print name and address:

Please return proxy to LKOC, P.O. Box 261, Kailua, HI 96734 Attention: Secretary by Monday, April 29, 2019.



FLASHBACK [*Plumeria trees have always been a favorite for gardens in Hawaii. If you decide to prune your plumeria trees yourself, remember that the milky sap from the tree and flowers is poisonous. Keep the sap away from your eyes and wash your hands well.*]

From Pali Daily Press's column, Ho'oulu (To Make Grow), November 13, 1968, by Laura N. Dowsett, editor of the Lani-Kailua Outdoor Circle's gardening booklet.

Did you know that this is the proper time to cut back your plumerias? By the middle of November all plumeria except the Singapore variety have lost most of their leaves and all of their flowers. They stand stark and bare so that pruning them is really simple.

If you want lots of flowers for leis and for your home next summer and if you want them low enough to reach without a stepladder, cut them way back now. This applies also to Singapore but the pruning of these trees takes more courage as they have abundant glossy-green foliage throughout the year and it seems almost a desecration to cut them back. However, you will be amazed at how fast they will leaf out again when spring comes around.

When pruning your plumerias remember to have a can of "Treeseal" and cover each cut to prevent bleeding and to keep bugs out... Try to visualize what your tree will look like when it grows out again, knowing that several shoots will develop at each cut.

Membership Reminder: Your membership term is shown above your address label. We hope you will consider renewing if you are near or past your expiration date. Send in the form on the last page or go to <https://www.lkoc.org/join-the-circle.html>. Email newsletter recipients will be notified through email if your membership is expiring.

Help us save a tree and money! Think about viewing newsletter pictures in color, going directly to hyperlinks, saving trees and money, and read your newsletter via email! If you would like to do so rather than receive it through postal mail, simply email us at Lani-kailua@outdoorcircle.org.

**Lani-Kailua Outdoor Circle
Board Roster 2019-2020**

Officers

President: Diane Harding>262-1826
Vice President: Teddi Baumgartner
Treasurer: Kathleen Bryan
Asst. Treasurer: Francine Mendes
Recording Secretary: Paula Ress
Corresponding Secretary: Nani Vermillion
Nominating Committee: Ad Hoc committee
Advisors: Margaret Brezel, Leigh Prentiss, Lyn Turner, & Claudia Webster

Website: <http://www.lkoc.org>
Email: Lani-kailua@outdoorcircle.org



Committee Chairs

Beautification: Steve Mechler>341-1802
Communications: Teddi Baumgartner>888-9977
Education: Betsy Connors>261-8839
Historian: Ann Latham>254-2249
Holiday House Tour: Debra Creps>262-0231 & Christine Feldmann>263-8800
Kailua Town Party: Diane Harding>262-1826
Membership: Barbara Krasniewski>261-8133
Programs: Carole Arnote>261-8342 & Pam Ross>754-0257
Public Affairs: Pauline MacNeil>261-6423
Scholarship: Betsy Connors>261-8839
Signs: Leigh Prentiss>263-6121
Volunteers: Cheryl McIlroy>783-3382
WCCC Partnership: Terry Beuret>389-0188 & Ann Latham>254-2249



Lani-Kailua Outdoor Circle
 P.O. Box 261
 Kailua, HI 96734



New Renewal

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

MEMBERSHIP DUES: [per person annually unless otherwise noted]

\$25 \$50 \$100

\$150 \$250 \$500

\$1,000 \$2,500 one-time life pledge

Donations \$ _____

AMOUNT ENCLOSED: \$ _____
 (Tax Deductible)

You may also go online (lkoc.org) to pay your dues (Join the Circle).

Your membership alone is a very worthwhile contribution. If you wish to take a more active role in any of the categories listed, please check below and return this sheet with your remittance.

Membership

LKOC
P.O. Box 261
Kailua, HI 96734

- Workday Projects
- I Love Kailua Town Party
- Learning to Grow (WCCC)
- Lettuce Delivery to Foodland
- Beautification
- Public Affairs
- Luncheons
- Sign Control
- Publicity/Newsletter
- Clerical



On occasion, can you supply?
 Flowers Greens Other:

Email me the newsletter instead of mailing through the US Postal Service.